

ACTIVITIES AT A GLANCE

TOPS – Monday at 9:00 a.m. in Game Room; Learn Ukulele Monday I-2 p.m. Functional Fitness with Deb-Mondays & Wednesdays 9 a.m. and Fridays at 10:00 Quilting for Charity meets every Monday at 10:00-3:00 p.m. Pitch League- Hi, Lo, Jack meets Mondays at 12:30-3 p.m. Chair Yoga with Shirley—Tuesday's at 9 a.m. Class fee is \$3.00 per class. Drums Alive! with Jessica-Tuesdays at 1:00 p.m. Class fee is \$3 per class. Paint with Shawndavid Tuesdays 2:15-3:45 pm Book Club Tuesday, December 19th at 10:15 a.m. : "The Christmas Train" Mahjongg- Tuesdays and Fridays, 11:00 a.m.-3 p.m Computer Class with Mark- Wednesday December 13th at 10:00 a.m. **COME JOIN** Wednesdays: 12:30-3 p.m. Cribbage (Game Rm) & Live Music (Dining Rm); OUR Chorus -Wednesdays at 12:30 in the Lounge ~ Come join the FUN! CHORUS!!! Balance & Mobility with Jess-Thursdays at 9:00 a.m. Class fee is \$3 for members Center Meeting will be held on Thursday, December 28th at 10:15 am Wednesdays Technical Assistance with Kristin, Thursdays 10:00 a.m. at 12:30 in BINGO-Thursdays!!! 1:00-3:00 PM Knitters for Charity-Thursdays at 1:00-3:00 p.m. Lounge Zumba with Jessica—Fridays at 8:45 a.m. Fee is \$3.00 per class; Game Day I-3pm (य Ukulele Holiday Concert- Friday, December 22nd at 10 a.m.



Kristin Amaral, Technology Coordinator from the **Tiverton Public Library:** Kristin will be available on Thursdays beginning at 10:00 a.m. Kristin can help with your technological needs: cell phone, etc.

CARE GIVER SUPPORT GROUP

Alzheimer's and Care Giver Support Group will meet on Monday, December 11th from 2:30 to 3:45p.m.; Nurse Care Manager: Janet Grapentine facilitates this group.

New care givers are always welcome.

MERRY CHRISTMAS!!!!!

Blood Pressure Check with Terri Visiting Nurse Home & Hospice~ Thursday, December 21st 10:00-11:30 a.m.





Come Two-Step along with the fabulous tunes!



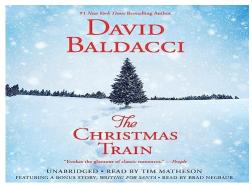




BEA SMITH's Traveling Store~ Coming Monday December 18th Just in time for those last minute gifts! Perhaps a new holiday outfit for YOU! 10:00 A.M. to 2 P.M.



Paul continues to bring Tiverton seniors and folks with disabilities to either our Center or shopping on Tuesdays, Wednesdays & Thursdays. Please call 625-6790 to reserve your spot. Bus trips are not individualized. Shopping Bags are limited to four per person. Remember: Paul is the Boss of the Bus!!



COME JOIN OUR BOOK GROUP:

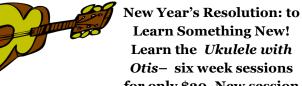
With assistance from the Tiverton Public Li-Presents December 's Book: brary, David Baldacci"s "The Christmas Train"

Tuesday, December 19th at 10:15 a.m.

New members are welcome at any time. Suggestions on authors & books are gladly accepted. Large Prints Available



December 7th, 14th, 21st and 28th



Learn the Ukulele with Otis- six week sessions for only \$20. New session

beginning January 22nd ~ Come to the Christmas Concert-December 18th at 1 p.m.

YOU CAN BE AN ARTIST!!! ART with SHAWNDAVID—6 week session on Tuesday afternoons; only \$25; new session begins on January 9th ~SIGN UP IN THE OFFICE-Fun, Relaxing & creative

PLEASE REMEMBER to Renew Your 2024 Membership!



COMPUTER CLASS with Mark Rudd~ Wednesday, December 13th LEARN HOW TO BE A SMART SHOPPER

for both hard-ware and soft-ware markets. Class is from 10am-11:30 am SIGN UP in OFFICE



DECEMBER 2023!

Gerri Faria	01
Mary Fisher	04
Lorraine St. Laurent	06
Pamela Perl	08
Sandra Pacheco	12
Doug Allen	15
Carolyn Burton	17
Doreen Lapointe	21
Cynthia Isherwood	21
Jane Benevides	22
Kathleen Steele	22
Richard Brousseau	22
Santa Claus	25

Carol Dupras	25
Meribah Henrique	27
Melody Lavoie	27
Jonalee Collard	28
Ariel Velez	28
Diane Brousseau	29





Looking for people who like to play CRIBBAGE; join us on Wednesday afternoons from 12:30—3 p.m. Fun & Friendly Folks Please!!

